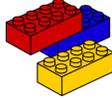


2023 CHILDREN'S LENTEN PRAYER CALENDAR

| | | February 22 | February 23 | February 24 | February 25 | |
|---|---|---|---|---|---|---|
| | | Ash Wednesday Today's ashes came from last year's Palm Sunday branches. Think about the past year and give thanks for one thing God has done in your life.  | Read Ephesians 4:32. How will you be kind to everyone today? Ask God to help you.  | Write down the name of one of your friends: _____. Pray for this friend today.  | Draw a heart and then color it in. As you color, pray to God and share what is on your heart.  | |
| February 26 | February 27 | February 28 | March 1 | March 2 | March 3 | March 4 |
| Pray the Lord's Prayer as a family.  | Pray for our neighbors experiencing homelessness.  | Look in the mirror. Pray to reflect God's love in this world.  | Read Psalm 19:1. Look for ways to celebrate and honor God's creation today.  | Find a map and point to a place on it. Pray for the people and place you've chosen.  | Draw a picture of someone who lives with you. Pray for him or her today.  | Draw a Bible and color it in. As you color, pray to God and remember your favorite Bible story.  |
| March 5 | March 6 | March 7 | March 8 | March 9 | March 10 | March 11 |
| Pray the Lord's Prayer as a family.  | Light a candle and say a silent prayer. Ask God to help you be a light in this world for others.  | Craft a cross with paper or beads and pipe cleaners. Ask God to forgive you for something on your heart.  | Pray for your neighbors – in your neighborhood and around Charlotte.  | Take off your socks and shoes. Wiggle your toes. Ask God to guide your feet so you can follow Him.  | Draw a picture of a friend who was mean to you or who you were mean to. Pray for this friend. Ask for or offer forgiveness.  | Draw an animal or a flower and color it in. As you color, thank God for the gifts of his creation.  |
| March 12 | March 13 | March 14 | March 15 | March 16 | March 17 | March 18 |
| Pray the Lord's Prayer as a family.  | Pray for our neighbors who are hungry.  | Write names you associate with God and Jesus, such as, Lamb or Emmanuel, on a salt or sand tray.  | Read Psalm 23 out loud.  <p>The LORD is my shepherd. I shall not want. Psalm 23:1</p> | Think of someone who might be sad today. Pray for him or her.  | Write down the name of someone in your family who lives far away. Pray for him or her today.  | Draw a lamb and color it in. As you color, think about the 23 rd Psalm and give thanks the Lord is our shepherd.  |

| March 19 | March 20 | March 21 | March 22 | March 23 | March 24 | March 25 |
|--|--|---|--|---|--|---|
| Pray the Lord's Prayer as a family.  | Say grace before every meal today.  | Rainbow Prayer: Write the name of a person or thing on different colored pieces of paper or ribbon that you glue to a stick. Ask God to be with them and give thanks.  | Pray for someone who is sick and in need of healing.  | Read Joshua 1:9. How will you be strong in the Lord today? Pray to God about it.  | Draw a picture of you playing with your friends. Pray for your friends and thank God for them.  | Draw a cross and color it in. As you color, tell God you're sorry for something and ask for forgiveness. |
| March 26 | March 27 | March 28 | March 29 | March 30 | March 31 | April 1 |
| Pray the Lord's Prayer as a family.  | Pray for our church and our ministers.  | Take a walk as a family and pray for everything you hear. You might thank God for birds or pray for healing if you hear an ambulance.  | Read Psalm 100:1-2. Sing a song as a way of praying to God.  | What are you thankful for today? Pray to God, giving thanks for three things today.  | Draw a picture of your family doing something fun. Thank God for happy memories and time spent together.  | Draw a palm branch and color it in. As you color, think about Jesus. Thank God for the gift of his son.  |
| April 2 | April 3 | April 4 | April 5 | April 6 | April 7 | April 8 |
| Palm Sunday Pray the Lord's Prayer as a family.  | Look out your window and set a five-minute timer. Give thanks for all of God's creation that you see.  | Wash your hands really well in a bowl of warm water. As you do, ask God to help make you clean and new.  | Pray for your teacher(s). Give thanks to God for all of the teachers in your life.  | Maundy Thursday Use Legos or blocks to build a cross. As you build, think of something you're sorry for. Ask God to forgive you.  | Good Friday Sing the song "Jesus Loves Me" as a prayer today. Keep the love of Jesus in your heart all day.  | Draw a stained-glass window and then color it in. As you color, thank God for giving us his son, the light of the world.  |
| April 9 | | | | | | |
| Easter Sunday Pray the Lord's Prayer as a family.  |  MPUMC CHILDREN'S MINISTRIES GROWING IN GOD'S LOVE | | | | | |